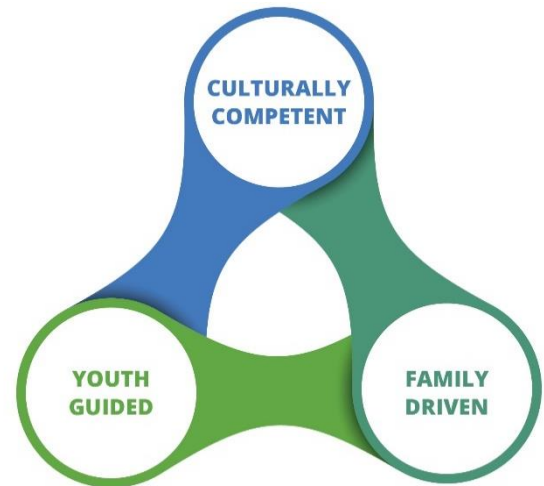


## SYSTEM OF CARE PROJECT

The System of Care project creates meaningful partnerships in Lake County to enhance the effectiveness and accessibility of community-based services and supports for youth with mental health challenges and their families.



### Core Values



### Services Offered

- **Evidenced-based treatment models**, including dialectical behavior therapy, eco-systemic family therapy, coping cat, cognitive behavioral therapy.
- **Trauma Treatment** using trauma-focused cognitive behavioral therapy and attachment, regulation, and self-competency model.
- **Co-location of therapists** at Lake County Child Advocacy Center, Depke Juvenile Justice Center, Arden Shore Group Home, and One Hope United to enhance accessibility of services provided in the community.
- **Family resource developers** working with caregivers to offer peer support and assistance with accessing resources.
- **High-fidelity WRAP services** combine multiple systems to come together with the child, youth, and family to create a highly individualized plan to address complex emotional needs.
- **Psychiatric evaluation and medication monitoring.**
- **On-site primary care services.**
- **Health educators** provide community trainings on System of Care principles and other mental health topics. Liaises with local and state partners to promote policy change.
- **Transportation** to partial hospitalization programs, day treatment at Streamwood, and Alexian Brothers Behavioral Health Hospitals.

***Partners are invited to quarterly Governance Council Meetings to discuss program effectiveness, sustainability, and continued advocacy for policy change.***